

LCM Women - Team Top Ten Records

18-24 Women	50 Free	0:30.44	Caitlin Fiedler	24	8/26/06	Colonies Zone
	50 Free	0:31.81	Evelyn Furia	24	7/24/05	DCRP
	50 Free	0:32.80	Alexandra Loubeau	24	8/20/00	Nationals
	50 Free	0:47.00	Christina Wendel	21	7/25/04	DCRP
	100 Free	1:13.21	Alexandra Loubeau	24	8/20/00	Nationals
	100 Free	1:14.93	Christine Spaulding	24	7/29/01	DC Masters
	200 Free	2:37.79	Kelly Wilson	23	7/15/01	DCRP
	200 Free	2:46.98	Christine Spaulding	24	7/29/01	DC Masters
	400 Free	5:19.37	Erin Smith	22	08/04/02	DC Masters
	400 Free	6:00.08	Evelyn Furia	24	7/24/05	DCRP
	50 Back	0:35.22	Caitlin Fiedler	24	8/26/06	Colonies Zone
	50 Back	0:36.73	Kelly Wilson	23	7/15/01	DCRP
	50 Back	0:37.99	Alexandra Loubeau	24	7/16/00	DCRP
	50 Back	0:45.95	Katie Ludman	23	7/15/01	DCRP
	100 Back	1:19.53	Alexandra Loubeau	24	8/20/00	Nationals
	50 Breast	0:37.10	Erin Smith	22	08/04/02	DC Masters
	50 Breast	0:39.07	Kelly Wilson	23	7/15/01	DCRP
	50 Breast	0:42.65	Alexandra Loubeau	24	8/20/00	Nationals
	50 Breast	0:46.88	Evelyn Furia	24	7/24/05	DCRP
	50 Breast	0:53.42	Christina Wendel	21	7/25/04	DCRP
100 Breast	1:24.34	Erin Smith	22	08/04/02	DC Masters	
50 Fly	0:36.51	Alexandra Loubeau	24	8/20/00	Nationals	
50 Fly	0:38.04	Christine Spaulding	24	7/29/01	DC Masters	
50 Fly	0:38.84	Katie Ludman	23	7/15/01	DCRP	
100 Fly	1:52.00	Evelyn Furia	24	7/24/05	DCRP	
200 IM	2:49.45	Erin Smith	22	08/04/02	DC Masters	
200 IM	2:56.78	Kelly Wilson	23	7/15/01	DCRP	
200 IM	3:07.60	Katie Ludman	23	7/15/01	DCRP	
200 IM	4:42.41	Christina Wendel	21	7/25/04	DCRP	
25-29 Women	50 Free	0:33.06	Kelly Anne Creazzo	29	8/21/10	Colonies Zone
	50 Free	0:34.65	Rose Jones	29	8/26/06	Colonies Zone
	50 Free	0:35.37	Shannon Vayda	28	07/08/16	Terrapin Cup
	50 Free	0:35.69	Erin Conroy	26	7/22/12	DCRP
	50 Free	0:38.87	Debbie Maline	29	7/22/12	DCRP
	50 Free	0:38.96	Stephanie Wilson	28	7/29/01	DC Masters
	50 Free	0:45.12	Jennifer Moulton	25	7/15/01	DCRP
	100 Free	1:14.69	Alexandra Loubeau	25	7/15/01	DCRP
	100 Free	1:18.36	Rose Jones	28	8/26/06	Colonies Zone
	100 Free	1:27.95	Stephanie Wilson	28	7/29/01	DC Masters
100 Free	1:32.75	Debbie Maline	29	7/15/12	Maryland	

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100 Free	1:41.34	Jennifer Moulton	25	7/15/01	DCRP
200 Free	2:37.76	Stephanie Gauzens	29	6/22/13	Colonies Zone
200 Free	2:51.40	Shannon Vayda	28	07/08/16	Terrapin Cup
200 Free	2:04.23	Jessica Mundi	27	07/08/16	Terrapin Cup
200 Free	3:46.18	Jennifer Moulton	26	08/04/02	DC Masters
400 Free	6:00.74	Shannon Vayda	28	07/08/16	Terrapin Cup
400 Free	6:35.90	Jessica Mundi	27	07/08/16	Terrapin Cup
400 Free	7:46.00	Jennifer Moulton	27	7/20/03	DCRP
800 Free	15:47.25	Jennifer Moulton	26	6/30/02	Terrapin Masters
1500 Free	19:38.23	Sarah Thilo	25	07/07/07	UMD Masters
1500 Free	23:49.89	Shannon Vayda	28	07/08/16	Terrapin Cup
50 Back	0:38.39	Alexandra Loubeau	25	7/15/01	DCRP
50 Back	0:40.19	Rose Jones	29	7/22/07	DCRP
50 Back	0:43.91	Debbie Maline	29	7/22/12	DCRP
50 Back	0:44.29	Shannon Vayda	28	6/26/16	DCRP
50 Back	0:50.62	Jennifer Moulton	25	7/15/01	DCRP
100 Back	1:21.72	Kelly Anne Creazzo	29	8/21/10	Colonies Zone
100 Back	1:22.70	Stephanie Gauzens	29	6/22/13	Colonies Zone
100 Back	1:30.07	Rose Jones	28	8/26/06	Colonies Zone
100 Back	1:36.49	Shannon Vayda	27	7/10/15	Colonise Zone
100 Back	1:38.86	Debbie Maline	29	7/15/12	Maryland
100 Back	1:55.67	Jennifer Moulton	26	08/04/02	DC Masters
200 Back	2:58.99	Stephanie Gauzens	29	6/22/13	Colonies Zone
200 Back	3:15.92	Rose Jones	28	8/26/06	Colonies Zone
200 Back	3:20.97	Shannon Vayda	28	07/08/16	Terrapin Cup
50 Breast	0:45.60	Jamie Brother	25	7/29/01	DC Masters
50 Breast	0:49.05	Stephanie Wilson	28	7/29/01	DC Masters
50 Breast	0:49.24	Debbie Maline	29	9/15/12	Maryland Meadowbrook
50 Breast	0:49.66	Jessica Mundi	26	7/10/15	Colonies Zone
100 Breast	1:41.01	Jamie Brother	25	7/29/01	DC Masters
100 Breast	1:49.01	Jessica Mundi	26	7/10/15	Colonies Zone
100 Breast	1:53.04	Debbie Maline	29	7/15/12	Maryland
200 Breast	3:41.21	Jamie Brother	25	7/29/01	DC Masters
200 Breast	3:50.93	Jessica Mundi	27	6/26/16	DCRP
50 Fly	0:34.10	Kelly Anne Creazzo	29	8/21/10	Colonies Zone
50 Fly	0:37.01	Alexandra Loubeau	25	7/15/01	DCRP
50 Fly	0:37.20	Rose Jones	28	8/26/06	Colonies Zone
50 Fly	0:39.12	Erin Conroy	26	7/22/12	DCRP
50 Fly	0:39.19	Jessica Mundi	27	6/26/16	DCRP
50 Fly	0:43.80	Debbie Maline	29	7/22/12	DCRP
50 Fly	0:44.56	Shannon Vayda	27	7/10/15	Colonies Zone

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	100 Fly	1:17.95	Kelly Anne Creazzo	29	8/21/10 Colonies Zone
	200 IM	2:52.52	Kelly Anne Creazzo	29	8/21/10 Colonies Zone
	200 IM	3:28.91	Jessica Mundi	26	7/10/15 Colonies Zone
	200 IM	3:29.27	Shannon Vayda	27	7/10/15 Colonies Zone
	200 IM	3:39.15	Debbie Maline	29	9/15/12 Maryland Meadowbrook
30-34 Women	50 Free	0:30.50	Chio Hatakeyama	32	7/22/07 DCRP
	50 Free	0:31.53	Stephanie Gauzens	30	8/13/14 Nationals
	50 Free	0:34.32	Lauren Aepli	30	07/09/17 DCRP
	50 Free	0:34.73	Tracey Scott	33	7/16/00 DCRP
	50 Free	0:35.07	Shelley Baker	30	7/15/01 DCRP
	50 Free	0:35.47	Debbie Maline	30	6/22/13 Colonies Zone
	50 Free	0:38.81	Stephanie Wilson	30	7/20/03 DCRP
	50 Free	0:42.54	Nancy Hess	34	7/23/06 DCRP
	50 Free	0:46.99	Karen Rasmussen	32	7/30/00 DC Masters
	100 Free	1:08.15	Chio Hatakeyama	30	8/27/05 Colonies Zone
	100 Free	1:08.82	Lindsey Jakubchak	33	08/06/15 Nationals
	100 Free	1:16.71	Lauren Aepli	30	07/09/17 DCRP
	100 Free	1:19.02	Tracey Scott	33	7/16/00 DCRP
	100 Free	1:19.73	Shelley Baker	30	7/15/01 DCRP
	100 Free	1:23.08	Debbie Maline	30	7/13/13 St. Petersburg
	100 Free	1:33.31	Nancy Hess	34	7/23/06 DCRP
	100 Free	1:24.00	Jennifer Morris	32	7/25/04 DCRP
	100 Free	1:28.42	Stephanie Wilson	30	7/20/03 DCRP
	200 Free	2:12.54	Katie McWilliams	31	8/13/14 Nationals
	200 Free	2:31.77	Chio Hatakeyama	32	8/18/07 Colonies Zone
	200 Free	2:32.23	Stephanie Gauzens	30	8/13/14 Nationals
	200 Free	2:54.24	Alaina Miller	33	7/10/15 Colonies Zone
	200 Free	2:59.55	Debbie Maline	30	7/13/13 St Petersburg
	200 Free	3:09.29	Shelley Baker	30	7/15/01 DCRP
	200 Free	4:04.69	Jennifer Moulton	33	7/19/09 DCRP
	400 Free	4:38.39	Katie McWilliams	31	8/13/14 Nationals
	400 Free	5:24.54	Chio Hatakeyama	32	8/18/07 Colonies Zone
	400 Free	5:56.10	Alaina Miller	33	08/06/15 Nationals
	400 Free	6:24.14	Debbie Maline	30	6/22/13 Colonies Zone
	800 Free	9:25.15	Katie McWilliams	31	8/13/14 Nationals
	800 Free	11:28.35	Chio Hatakeyama	32	7/22/07 DCRP
	1500 Free	21:54.97	Chio Hatakeyama	30	7/10/05 Terrapin Masters
	1500 Free	23:45.98	Alaina Miller	33	08/06/15 Nationals
	50 Back	0:39.57	Tracey Scott	33	7/16/00 DCRP
	50 Back	0:42.30	Debbie Maline	30	6/22/13 Colonies Zone
	50 Back	0:43.00	Jennifer Morris	32	7/25/04 DCRP
	50 Back	0:48.31	Lauren Aepli	31	7/22/18 Summer Splash

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	100 Back	1:20.18	Stephanie Gauzens	30	8/13/14	Nationals
	100 Back	1:32.34	Debbie Maline	30	6/22/13	Colonies Zone
	200 Back	2:52.17	Stephanie Gauzens	30	8/13/14	Nationals
	200 Back	3:02.68	Alaina Miller	33	08/06/15	Nationals
	200 Back	4:25.44	Jennifer Moulton	33	7/19/09	DCRP
	50 Breast	0:38.04	Chio Hatakeyama	30	8/27/05	Colonies Zone
	50 Breast	0:47.25	Debbie Maline	30	6/22/13	Colonies Zone
	50 Breast	0:47.91	Jennifer Morris	34	7/23/06	DCRP
	50 Breast	0:48.68	Alaina Miller	33	08/06/15	Nationals
	50 Breast	0:51.30	Shelley Baker	30	7/15/01	DCRP
	50 Breast	0:53.73	Stephanie Wilson	30	7/20/03	DCRP
	100 Breast	1:24.95	Chio Hatakeyama	30	7/24/05	DCRP
	100 Breast	1:40.39	Jennifer Morris	32	7/25/04	DCRP
	100 Breast	1:45.64	Debbie Maline	30	7/13/13	St. Petersburg
	100 Breast	2:00.99	Karen Rasmussen	32	7/30/00	DC Masters
	200 Breast	3:02.99	Chio Hatakeyama	32	8/18/07	Colonies Zone
	200 Breast	3:10.31	Lindsey Jakubchak	33	08/06/15	Nationals
	200 Breast	3:42.43	Alaina Miller	33	08/06/15	Nationals
	50 Fly	0:33.15	Chio Hatakeyama	31	8/26/06	Colonies Zone
	50 Fly	0:34.79	Stephanie Gauzens	30	8/13/14	Nationals
	50 Fly	0:41.96	Debbie Maline	30	6/22/13	Colonies Zone
	50 Fly	0:42.97	Jennifer Morris	32	7/25/04	DCRP
	50 Fly	0:45.99	Nancy Hess	34	7/23/06	DCRP
	100 Fly	1:16.56	Chio Hatakeyama	30	7/24/05	DCRP
	100 Fly	1:56.51	Nancy Hess	34	7/23/06	DCRP
	200 IM	2:52.60	Chio Hatakeyama	30	8/27/05	Colonies Zone
	200 IM	3:16.56	Jennifer Morris	32	7/25/04	DCRP
	400 IM	6:43.69	Alaina Miller	33	08/06/15	Nationals
35-39 Women	50 Free	0:29.16	Karen Bush	38	8/20/00	Nationals
	50 Free	0:32.97	Colleen Wheaton	39	7/22/07	DCRP
	50 Free	0:33.24	Tracey Scott	37	7/25/04	DCRP
	100 Free	1:05.13	Karen Bush	38	8/20/00	Nationals
	100 Free	1:13.57	Colleen Wheaton	39	7/22/07	DCRP
	400 Free	5:44.46	Amelia Kays	38	08/02/17	Nationals
	50 Back	0:36.95	Karen Bush	38	8/20/00	Nationals
	50 Back	0:37.87	Kelli Odden	36	7/20/08	DCRP
	50 Back	0:39.32	Tracey Scott	37	7/25/04	DCRP
	100 Back	1:22.18	Amelia Kays	38	08/02/17	Nationals
	100 Back	1:27.42	Kelli Odden	36	7/20/08	DCRP

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	200 Back	2:57.51	Amelia Kays	38	08/02/17	Nationals
	200 Back	3:08.72	Kelli Odden	36	7/20/08	DCRP
	50 Breast	0:42.58	Amelia Kays	38	08/02/17	Nationals
	50 Breast	0:44.83	Colleen Wheaton	39	7/22/07	DCRP
	100 Breast	1:34.92	Amelia Kays	38	08/02/17	Nationals
	200 Breast	3:22;08	Amelia Kays	38	08/02/17	Nationals
	50 Fly	0:32.82	Karen Bush	38	8/20/00	Nationals
40-44 Women	50 Free	0:44.52	Kitty St. John	41	7/25/04	DCRP
	50 Breast	0:53.00	Kitty St. John	41	7/25/04	DCRP
45-49 Women	50 Free	0:48.05	Irene Schmalz	46	7/30/00	DC Masters
	100 Free	1:43.36	Deborah Brudvig	47	8/29/04	Last Chance
	200 Free	3:46.09	Deborah Brudvig	47	8/29/04	Last Chance
	400 Free	8:01.58	Irene Schmalz	48	08/04/02	DC Masters
	50 Back	0:55.56	Irene Schmalz	47	7/15/01	DCRP
	200 Back	3:45.03	Karen Jost	49	8/21/10	Colonies Zone
	200 Back	4:10.27	Irene Schmalz	48	08/04/02	DC Masters
	50 Breast	0:44.36	BJ Marshall	47	7/19/09	DCRP
	50 Breast	0:50.22	Cathy McPeek	45	7/20/03	DCRP
	50 Breast	0:56.88	Deborah Brudvig	47	8/29/04	Last Chance
	100 Breast	1:42.53	BJ Marshall	47	08/06/09	Nationals
	100 Breast	1:48.06	Cathy McPeek	45	7/20/03	DCRP
	100 Breast	2:01.56	Deborah Brudvig	47	8/29/04	Last Chance
	200 Breast	3:47.55	BJ Marshall	47	08/06/09	Nationals
	100 Fly	2:14.48	Irene Schmalz	47	7/15/01	DCRP
	200 IM	3:58.44	Karen Jost	49	8/21/10	Colonies Zone
	200 IM	4:14.41	Irene Schmalz	47	7/15/01	DCRP
	400 IM	8:55.28	Irene Schmalz	46	7/30/00	DC Masters
50-54 Women	50 Free	0:47.33	Carolyn Ahearn	50	7/30/00	DC Masters
	50 Back	0:48.96	Carolyn Ahearn	50	7/30/00	DC Masters
55-59 Women	50 Back	0:42.99	Lisa Coakley	59	8/13/14	Nationals